



BISK
BRITISH INTERNATIONAL
SCHOOLS IN KURDISTAN



04/01/23	05/01/23
vegetable soup	lentil soup
chicken curry	chicken mustard
eggplane beef broth	BEEF quzi
rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar

08/01/23	09/01/23	10/01/23
carrot Soup	lentil soup	vegetable soup
chicken tikka	chicken fajita	chiccken drumstick
beef kolage	beef fajita	meat with whitepeans
rice or pasta	rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar	Salad Bar

15/01/23	16/01/23	17/01/23
carrot soup	lentil soup	potato soup
chicken briani	chicken provincial with potato	chicken masala
beef tandori	beef kabse	beef fajita
rice or pasta	rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar	Salad Bar
22/01/23	23/01/23	24/01/23
lentil soup	vegetable soup	botato soup

chicken biriani	chicken tomato broth	chicken bbq
beef with withebeans	beef in oven with botato	beef tomato broth
rice or pasta	rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar	Salad Bar

1/29/2023	1/30/2023	1/31/2023
lentil soup	tomato with vermicli	vegetable soup
Chicken tandori	chicken drumstick	Chicken chiness
beef with okra	beef with botato `	bbq beef
rice or pasta	rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar	Salad Bar

January BISK lunch menu

11/01/23	12/01/23
mushroom soup	red lentil soup
chickem straganoff	chicken tikka
beef tabsi	beef with veg
rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar

18/01/23	19/01/23
zucchini soup	vermicelli with tomato
chicken drumstick mustard	chicken tajin
chili fry beef	beef eggplane in oven
rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar
25/01/23	26/01/23
mushroom soup	tomato soup

drumstik chicken in oven	chicken chickpeas broth
beef curry	beef frita
rice or pasta	rice or pasta
Dessert or Friut	Dessert or Friut
Salad Bar	Salad Bar